



12 Steps for Sinners

- We admit that we are powerless over sin - that our lives have become unmanageable. (Romans 3:23; 6:23)
- Come to believe that a Power greater than ourselves - Jesus Christ - can restore us to sanity. (Luke 18:13)
- Make a decision to turn our will and our lives over to the care of God as we understand Him from the Bible. (Job 42:5-6)
- Make a searching and fearless moral inventory of ourselves. (Psalm 51:1-5)
- Admit to God, to ourselves, and to another human being the exact nature of our wrongs. (James 5:16)
- Be entirely ready to have God remove all these defects of character. (Psalm 51:17)
- Humbly ask Him to remove our shortcomings. (Psalm 51:6-12)
- Make a list of all persons we have harmed and become willing to make amends to them all. (Luke 19:8)
- Make direct amends to such people wherever possible, except when to do so would injure them or others. (Luke 19:8)
- Continue to take personal inventory and when we are wrong, promptly admit it. (Matthew 5:23-24)
- Seek through prayer and meditation to improve our conscious contact with God as we understand Him from the Bible, praying only for knowledge of His will for us and the power to carry that out. (Psalm 139)
- Having had a spiritual new birth as a result of these steps, we try to carry this message to other sinners and to practice these principles in all (Matthew 28:19-20)



Team of Three

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